

CPR & First Aid Anywhere FAQs



CPR & Emergency Cardiovascular Care

General Information

Q: What is the CPR & First Aid Anywhere Training Kit?

A: The CPR & First Aid Anywhere Training Kit is designed to meet the group training needs of workplaces, community organizations, and universities and can be facilitated by anyone, anytime, anywhere. The kit contains everything needed to train 10 to 20 people at once in the lifesaving skills of CPR and first aid.

Q: Who is the target audience for this course?

A: This kit is for people who do not need a course completion card for a job or other requirements. It is intended for workplaces, community organizations, and universities that want to facilitate group training of CPR and first aid.

Q: Specifically, what content is taught in the CPR & First Aid Anywhere Training Kit?

A: The **CPR & First Aid Anywhere Training Kit** teaches:

- Hands-Only CPR and AED for Teens and Adults
- Adult CPR with Breaths
- Choking in Adults
- Child CPR and AED
- Choking in Children
- First Aid
 - Bleeding and bandaging
 - Stroke
 - Heart attack
 - Fainting
 - Diabetes
 - Seizures
 - Opioid overdose

Q: What are some of the product benefits of the CPR & First Aid Anywhere Training Kit?

A: Benefits include:

- Provides both lifesaving skills of CPR and first aid
- Everything needed to train 10 to 20 people at once
- Can be facilitated by anyone, anytime, anywhere
- Training developed from the latest science and research from the American Heart Association
- Taught with the AHA's research proven practice-while-watching technique

Q: Is there a written exam that must be completed for CPR & First Aid Anywhere Training Kit?

A: No, a written exam is not required to complete the course. However, there is an optional pre- and post-test included in the course materials for those that wish to measure knowledge gained by course participants.

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Q: Does successful completion of CPR & First Aid Anywhere training result in an AHA course completion card?

A: No. However, an optional certificate of participation is available to print from www.heart.org/cpranywheretoolkit.

Q: Does the course offer continuing education (CE/CME) credits?

A: No, the course does not offer continuing education credits.

Q: Is the CPR & First Aid Anywhere Training Kit available in other languages?

A: Yes, the **CPR & First Aid Anywhere Training Kit** materials are available in Spanish. Streaming video and student materials are in Spanish and English with additional Spanish language materials available to download at www.heart.org/cpranywheretoolkit.

Q: Are the CPR & First Aid Anywhere Training Kit DVD and streaming video closed captioned for the hearing impaired?

A: Yes, the DVD and streaming video are closed captioned.

Q: Approximately how long does the CPR & First Aid Anywhere Training Kit take to complete?

A: The modular format allows students to learn multiple skills together or separately. The full kit, including all optional modules, takes about one hour.

Following are the approximate completion times for each module:

- Hands-Only CPR and AED for Teens and Adults (22 minutes)
- Adult CPR with Breaths (6 minutes)
- Choking in Adults (5 minutes)
- Child CPR and AED (7 minutes)
- Choking in Children (4 minutes)
- First Aid (12 minutes)
 - Bleeding and bandaging
 - Stroke
 - Heart attack
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Total: 56 minutes

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Kit Materials

Q: What is included in the CPR & First Aid Anywhere Training Kit?

A: Each kit contains:

- 1 wheeled carry bag
- 10 Mini Anne Plus inflatable manikins
- 10 kneel mats
- 10 individual carry bags
- 5 practice-while-watching training DVDs (code to access streaming video is also included)
- 1 hand pump for manikin inflation
- 2 mesh collection and storage bags
- 10 replacement airways
- 50 manikin wipes
- 10 replacement face masks
- 10 AED training simulators
- 1 facilitator binder that contains the Facilitator Guide, Lesson Plans, pre-test and post-test, and supplementary material. Also available in eBook format.

Q: How many times can you use the course once purchased?

A: The kit is reusable and can be used to train hundreds of people.

Q: Can the CPR & First Aid Anywhere DVD or eBook be purchased separate from the kit?

A: No, the DVD and eBook cannot be purchased separate from the kit.

Q: Can the CPR & First Aid Anywhere DVD be used without the included manikin?

A: Skills are taught with the AHA's research-proven practice-while-watching technique, which allows for practice on a manikin while observing a demonstration of the skills in the video. The best training results will come from using the DVD and manikin together.

Facilitating CPR & First Aid Anywhere Training

Q: Is an AHA Instructor or Facilitator needed to conduct training using the CPR & First Aid Anywhere Training Kit?

A: No, an AHA Instructor is not needed for this course. However, the course requires a facilitator. The **CPR & First Aid Anywhere Training Kit** can be facilitated by anyone, anytime, and anywhere. Facilitators can be anyone who wishes to help pass on lifesaving CPR and first aid skills. As a facilitator-led course, the **CPR & First Aid Anywhere Training Kit** extends the availability of and access to training, so that more people can learn CPR and first aid to use their skills to act quickly in an emergency.

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Q: Can AHA Instructors count training toward Instructor renewal requirements?

A: Yes, a roster must be completed and turned into the Training Center the Instructor is aligned with.

Q: How many pages is the Facilitator Guide?

A: The Facilitator Guide is 14 pages in original format.

Q: Can the Facilitator Guide, Lesson Plans and pre-and post-test be printed?

A: Yes, they can all be printed.

There are two ways to print: 1) PRINT option in the eBook 2) PDF download at

www.heart.org/cpranywheretoolkit.

- 1) Print from eBook – Open eBook in browser (Google Chrome for best user experience). Navigate to the section of the content desired to print. Click on PRINT icon located in top right of the screen. A new window will open with the print content. Right click on the window and select the print option.
- 2) PDF download – Navigate to www.heart.org/cpranywheretoolkit and download PDF.
 - **Note:** No changes can be made to the materials without written permission from the American Heart Association.

Q: How long do we have access to the streaming video?

A: Streaming video access is available if the product is still available for purchase in the eBook store.

Purchasing Materials

Q: Where/how can I purchase CPR & First Aid Anywhere Training Kits?

A: CPR & First Aid Anywhere Training Kits can be purchased through our retail website at ShopCPR from AHA's product distributor, WorldPoint or www.heart.org/purchaseoptions

Q: What will the kit cost?

A: The retail cost CPR & First Aid Anywhere Training Kit is \$725.

Q: Is there a bulk purchase discount?

A: Please contact your AHA sales representative for more information.

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Technical Issues

Q: Who should I contact if I have problems with CPR & First Aid Anywhere Training Kits?

A: Customers should contact whom they purchased kits from.

Q: Can I return the CPR & First Aid Anywhere Training Kit?

A: Your satisfaction at the American Heart Association (AHA) is important to us. If you are not completely satisfied with your purchase, we will gladly accept returns of current merchandise that is in new and salable condition within 30 days of ship date. Product must have been purchased directly from the AHA. Shipping and handling charges are non-refundable. See [here](#) for additional details. If purchased via an AHA distributor, please contact the distributor for their return policy.